

IGET CRIER

January 2025



Vol 3 – No. 1

Welcome back, everyone. It is our hope that you all had a restful and joyful holiday season. It was wonderful to see the square so festively decorated and so many displays at the homes all around town. We are ready to get back to the many center activities that were on hold over the holidays, and we wish you all a very merry New Year in the coming months. Please call 262-642-2266 if you would like more information

Special Events:

Dementia Presentation -Tuesday January 28, 1:30 to 3:30 pm.

Dementia Care Specialist **Jake Sawyers from the Walworth County ADRC** will present a comprehensive discussion on the warning signs and symptoms of dementia, diseases that cause dementia, the prognosis of dementia, and how to positively interact with dementia. This is part of the Smart Seniors program sponsored by Citizens Bank

Mark your calendar! On Tuesday, February 4 at 1:00 pm please join us for an inspiring and moving **Winter Musical Showcase** where learners from the **Bloom360 Learning Community** will delight you with their musical talents including solo performances and more! Bloom360 Learners are neurodivergent children and adults who are creative, brave and love to share their love for music and performing with an audience!

Sourdough Made Simple - Presented by East Troy Lions Public library. Join Margaret Schultz from Bluebird Custom Creations to learn how to make sourdough bread and bring home your own sourdough starter. The program will be offered twice on **January 22nd. 2:00 pm @ East Troy Intergenerational Community Center and 6:00 pm @ East Troy Lions Public Library.** Registration is required by January 15th, so we have enough starters for everyone. Call to reserve space 262-642-6262.

Open to the Public:

Senior exercise classes - every Monday & Wednesday from 8 to 9 am.

Quilting Club – January 7th and 21st from 9:00 am-noon. The session is open and interested persons are invited to attend.

Me-Time for Caregivers - January 8th from 2 to 4 pm. This time is set aside for Caregivers to do whatever they choose – read, play cards, visit, etc. Their charges will be entertained for that time by center volunteers. A movie will be showing and the game and art rooms will also be open for individual activities.

5-Handed Sheepshead – every Tuesday in January beginning at 1:30 pm. That time is set aside if others are interested in forming a group for other card games. Call 262-642-2266 for more information.

Pool for the Public – every Thursday in January from 1 to 3 pm. In addition to pool, air hockey, arcade games and other attractions are available.

Honors Art Workshop – Tuesday, January 28, 3:30-5:00pm. Hosted by the EHS Honors Art Students, in our arts and crafts room. No fee or reservations required. Open to everyone, all supplies provided. This time we'll be decorating wreaths! Ages 12 and up, and we can accommodate up to 18. Questions- call Chuck at 262-441-0280.

Bingo and donuts – January 6th and January 20th from 9:30 to 11: 00 am. A \$3.00 donation is requested. Please call 262-642-2266 to inform the center of any large group planning to attend.

Memory Café - January 21st at 1:30 p.m. This program provides a social gathering for individuals with early-stage dementia and their family, friends or caregivers. The café promotes the opportunity for engagement, socialization, and shared experiences, and a Walworth County Aging and Disability Resource Specialist will facilitate the program.

Caregiver Workshop-January 22nd call 262-642-2266 for exact time. Caregiver group gatherings allow caregivers to share feelings confidentially, connect with others, and find help navigating the health care system. A Walworth County Aging and Disability Resource Specialist will facilitate the program.

Time with Tammy – Although the actual workshop will be held on Feb 5th, we are letting you know the date ahead of time so you can sign up and look at our ideas. The workshop will be held on February 5th at 2 p.m. Tammy will again be the instructor. Call 262-642-2266 by Jan. 23rd for reservations and to indicate your preference in order to have your supplies ready. There is a \$25 charge for materials which can be paid at the door.

Versiti Blood Drive – The drive is scheduled for Saturday January 18th from 7:30 am to 12:30 pm in the commons room of the center. Although drop-ins are always welcome, it helps with planning if you can sign-up ahead of time. This can be done by calling the Versiti Blood Center at 414-520-2399.

AA/NA meetings are held each Saturday. Contact Kate at 262-470-0294

Private bookings:

Space reservation for private party January 4th

VFET – (Vote for East Troy) – January 14th at 6:00 pm

VIP – Every Monday and Friday in January, 10 am – 2:30 pm

Mary's Coffee Hour - Wednesday, January 15th and January 29th at 9:15 am

Kiwanis meeting – January 14th at 4:00 pm

In addition to scheduled activities and meetings, the center board and volunteers continue to work on programming for 2025. If you are interested in an activity or class, please share your ideas by calling 262-642-2266.

The Center provides reservable space for business meetings and private parties.

To visit us enter at 2043 Division St, door 7. The mailing address is 2040 Beulah Ave., East Troy, 53120. Contact us by calling 262-642-2266.

Operated by IGET-Intergenerational East Troy - a 501 (c) (3) organization. Funded through donations and operated by volunteers.